



Fitness Centre Application

Membership Application Information ~ All about You!

First Name : _____ Last Name: _____
 Address: _____ City: _____
 Postal Code: _____ Email: _____
 Home Phone: _____ Work Phone: _____
 Company Name: _____ Work Address: _____
 Sex (please circle) Male Female
 Emergency Contact Name: _____ Relationship: _____ Phone: _____
 Minto Address (if applicable): _____ Lease End: _____

Membership Regulations ~ We play by the book!

1. All members must sign-in by tapping their electronic card provided on the white card readers
2. Memberships are not transferable or refundable. Memberships will not be extended for absences.
3. Members should obtain their physician’s advice before starting any exercise program.
4. Minto Properties Inc. is not responsible for any lost, stolen or left behind personal belongings. Do not leave valuables unattended. Lockers that have not been cleared by the end of the day will have the locks cut and the contents in the locker removed.
5. Replacement card cost for a lost membership is \$10.00
6. Members are not permitted to bring their own personal trainer until the trainer has shown proof of certification and liability insurance. Trainers must be approved by the manager or senior supervisor.

Do you suffer from any of the following medical conditions?

	Yes	No	Other:	Yes	No
Heart Disease:			Epilepsy	[]	[]
Heart Murmur	[]	[]	Arthritis	[]	[]
High Blood Pressure	[]	[]	Cancer	[]	[]
Angina	[]	[]	Bone/Joint Problem	[]	[]
Heart Attack	[]	[]	Back Problem	[]	[]
			Are you pregnant?	[]	[]
Respiratory Disease:			Medication	[]	[]
Asthma	[]	[]	Diabetes	[]	[]
Bronchitis	[]	[]	Osteoporosis	[]	[]
Emphysema	[]	[]	Fibromyalgia	[]	[]
			Fainting/Dizziness	[]	[]
Medications: _____			Muscle Damage	[]	[]
			Surgery	[]	[]
			Stroke	[]	[]

Note: if you answered yes to any of the questions above, you must get written consent for your physician before participating in any personal training activity.

Rules & Regulations

I acknowledge that I have voluntarily applied to participate in physical activity with the Minto Properties Inc. Pool & Fitness Centre. I am aware that certain health hazards may exist in my participation in physical activity and that I am voluntarily participating in these activities with knowledge of the health hazards involved and do hereby agree to accept any and all risks of personal injury or injury to my health. I hereby assume the risk for any injuries that I may sustain in the pursuit of this activity while on the premises or outside, and hereby remise, release and forever discharge Minto Properties Inc. from any actions, suits, damages, claims or judgments that may result from any personal health injury that I may sustain while engaged in physical activity.

Furthermore, in consideration of my being permitted by Minto Properties Inc., its affiliated organizations, or its independent contractors, to participate in these activities, I hereby agree that I, my heirs, distributes, guardians, legal representatives, and assigns will not make a claim against, sue, attack the property of, or prosecute Minto Properties Inc., its affiliated organizations, or its independent contractors for injuries or damage resulting from my participation in physical activity. In addition, I hereby release and discharge Minto Properties Inc., its affiliated organizations, and independent contractors, from all actions, claims or demands that I, my heirs, distributes, guardians, legal representatives, and assigns now have hereafter for injuries or damage resulting from my participation in physical activity.

The Minto Properties Inc. Pool & Fitness Centre reserves the right to refuse or revoke any person's membership at any time if the rule and regulations of Pool & Fitness Centre are not abided by. I have carefully read this agreement and fully understand its contents. I am aware that this is a release of liability and a contract between myself and Minto Properties Inc., its affiliated organizations, and independent contractors and sign it of my own free will.

Participants who are not in good health and/or those who have not exercised regularly in the past, should obtain their physician's advice before commencing an exercise program.

In signing this agreement, I agree to abide by Minto Properties Inc.'s Pool & Fitness Centre rules and regulations outlined above for the benefit of its general membership.

NAME: _____

SIGNATURE: _____

DATE: ____/____/____

MM / DD / YYYY

How did you hear about us? _____

Minto Properties Inc. and all affiliates is dedicated to providing you with excellent service while protecting your privacy and safeguarding your personal information, any information that is generated during your visit with us, such as billing and membership information is treated as confidential and respected according to our privacy policy. For more information on personal information protection and electronic documents act (PIPEDA) please go to http://www.priv.gc.ca/index_e.cfm

Membership Start Date: _____

Expiry Date: _____

Length of Membership: 1M 6M 12M

Amount : \$ _____ Payment Method: Debit VISA / MC Payroll Resident

Customer Name: _____

Signature: _____

FOR OFFICE USE ONLY

Contract Number: _____

Business Partner Number: _____

Staff Member: _____

Access Card Code: 2017 GOV2017 ME2017 MEPY2017 CART2017 SHRW2017 10VisitCard